



NEWSLETTER JANUARY 2014

Welcome to our first newsletter. We hope that we will produce this twice yearly, and would welcome contributions from children, young people or their parents or carers.

The aim of the newsletter is to update you on forthcoming events as well as providing another form of communication.

ACTIVITY DAYS

We hope that this year we are a little more organised and have booked our providers and venues. Our Activity Days are open to all children, young people and their families, and provide an opportunity for children and young people to meet and have some fun. They also provide an opportunity for the adults to get together for a chat over a cuppa.



This year we are also going to offer an outside activity for young people over 12, as we are aware that the average age for children who attend is younger.

We are always trying to think of different activities so if you have any ideas please let us know.

2014 Dates for Activity Days

Saturday 22nd February- Dezibel Drumming2 – 4pm.

Hilton Community Centre, Hilton Road, Aberdeen AB24 4HS.
This was a very popular event last year, and so we are repeating it. There will be an opportunity for younger children to make 'instruments' as they did last year. Open to all ages.

Saturday 29th March – 2- 4pm Theatre Modo Circus Skills

Garioch Sports Centre, Burghmuir Drive, Inverurie AB51 4GY

This is a new event for us, but we think it will be great fun for children and young people to learn some circus skills

Saturday 14th June - 11:30 to 2:30 Family Picnic, Venue to be arranged.

Last year the weather was really good to us, so lets hope this will be the same this year. We will have games, and a treasure hunt.

Saturday 23rd August - 2- 4pm – Puppet making workshop – Creativity in Care

Garioch Sports Centre, Burghmuir Drive, Inverurie AB51 4GY

This is a new event and will provide an opportunity for children to make puppets and also a story telling event. So should be fun

October – over 12's outside event. Date to be arranged

November – Christmas keeping memories safe event – Aberdeen Venue to be confirmed

We will send out flyers and application forms as usual prior to the events, and if you know of other families who might wish to attend please pass information on.

Other Events

We will be holding our annual conference in May, and this year the theme will be Promoting Resilience and Emotional Wellbeing following a death of a Parent. The conference aims to raise awareness with professionals and others who are working with Children and Young People, and therefore they may be more able to support a bereaved child or young person more appropriately, The date and venue for the conference is still to be confirmed, but details will be on our website once we have done so.

Co-ordinator

Sadly Mary our Coordinator as left her post, and we are currently advertising for her replacement. In the meantime, the trustees are covering and we hope that will be able to fill the post as soon as possible

Books

We continue to build our library so if you would like any age appropriate books for children to read, then please let us know

Press Articles

We had hoped (and are still hoping) that there will be a couple of press articles coming out soon, and I know that a couple of folk have agreed to speak to the journalists. If anyone else feels up to doing so then please let us know, as it is an opportunity for us to raise the profile for GCBN and let more bereaved families know that there are services available.

In the meantime, from all of the trustees and responders, we would wish you all a good New Year and hope that 2014 brings peace and good health to you all.

If you have any ideas about other activities or developing the newsletter please get in contact either by phone

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Or email

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