

Grampian Child Bereavement Network are delighted to invite  
you to attend our  
Activity Day  
Saturday 30<sup>th</sup> November 2013  
**2.30pm – 4.30pm at**  
The Garioch Sports Centre, Burghmuir Drive, Inverurie

We will be undertaking a range of craft activities and games  
with the children. This will include keeping memories safe and  
Christmas themed crafts.

Parents or Carers are welcome to  
join in the workshop at whatever level they wish to  
and there will be an opportunity to meet with other parents or  
carers along with as the trustees of GCBN

If you require any help with transport please let us know as  
soon as you can.

As a pre Christmas Activity Day this will give us an opportunity  
to get creative and have some fun together whilst meeting with  
other families.

Information about resources activities and books for supporting  
children and young people who have been bereaved will be  
available.

We ask that the child or young person's parent or carer  
remains at the venue throughout the session.  
As we aim to ensure that we are providing activities that are  
right and helpful for children and their families we would  
welcome your feedback.



### **How do I book a place?**

Please phone GCBN at Tel 01224 594099,  
email [gcbn@mhaberdeen.org.uk](mailto:gcbn@mhaberdeen.org.uk)  
or complete the separate booking form by  
**Monday 25<sup>th</sup> November 2013**

Can you please to let us know if your child has any health or  
other specific needs.





## Grampian Child Bereavement Network

c/o MHA  
1, Alford Place  
Aberdeen AB10 1YD  
Website: [www.gcbn.org.uk](http://www.gcbn.org.uk)  
Telephone 01224 594099

(while the answer machine is available at all times,  
the telephone is manned on a part time basis)

**Co-ordinator Mobile Number: 07936379541**

Email: [gcbn@mhaberdeem.org.uk](mailto:gcbn@mhaberdeem.org.uk)

Grampian Child Bereavement Network  
Registered Charity SCO40712



Supporting Bereaved Children and Young People in Grampian

**Activity Day**  
for children and young people  
who have been bereaved

**SATURDAY 30<sup>TH</sup> NOVEMBER 2013**

