

How do I book a place?

Grampian Child Bereavement Network is holding a third Activity Day for children and young people who have been bereaved.

The Activity Day will be held at:
The Mid Stocket Church, Aberdeen on
Saturday 2nd March 2013 from 2.00 pm to 4.00pm.

Following a warm welcome and introductions, children, young people and parents will be able to attend either a drumming workshop (ages 8 to 100) with local street drumming band Dezibel or a craft and music workshop (under 8's).

Dezibel are a local Street Drumming Band with years of experience in providing fun drumming workshops. All equipment will be provided by the band.

This session is for children who have been bereaved and it will be a fun filled afternoon with the chance to try drumming, make music and have lots of fun together..

Parents or Carers are welcome to either join a workshop or have coffee/ tea and meet together trustees of GCBN and other parents or carers.

Information about activities and books for supporting children and young people who have been bereaved will be available.

A snack will be provided for children.

We ask that the child or young person's parent or carer remains at the venue throughout the session and once again would welcome your feedback to assist us with future planning.

Please phone GCBN at Tel 01224 594099,
email gcbn@mhaberdeem.org.uk
or complete the attached booking form by 24th January 2013
Can we ask you please to let us know if your child has any health or other specific needs that we need to be aware of?

Grampian Child Bereavement Network aims to

- Assist children and young people to access appropriate support for bereavement within Grampian
- Provide information about the effects of bereavement on children and young people
- Raise awareness of the impact of bereavement on children and young people
- Provide information and support to families where a child or young person is bereaved
- Provide support and information to carers and professionals who are supporting a bereaved child or young person
- Provide resources to families and carers who are supporting a bereaved child or young person

Grampian Child Bereavement Network

c/o MHA
1, Alford Place
Aberdeen AB10 1YD
Website: www.gcbn.org.uk
Telephone 01224 594099

(while the answer machine is available at all times,
the telephone is manned on a part time basis)

Co-ordinator Mobile Number: 07936379541

Email: gcbn@mhaberdeen.org.uk

Grampian Child Bereavement Network
Registered Charity SCO40712



Supporting Bereaved Children and Young People in Grampian

Activity Day
for children and young people
who have been bereaved

Saturday 2nd March 2013

from 2.00pm – 4.00 pm

at

Mid Stocket Church

Harcourt Road

Aberdeen

AB15 5NZ

